

## **Pilot study: final comments of the test persons**

Strong feeling of cleanliness.

Irritation resulting from cleaning with toilet paper gone.

Easy and practical to use.

Sense of well being after use.

Your product is exactly what I am looking for.

The cleaning tool remains on the vanity and is used when my anus itches, especially after a soft bowel movement. For me it is purely a cleaning tool and the itching stops immediately. Therapeutically nothing has changed regarding the occurrence of the symptoms.

First, I had problems cleaning the tool because I didn't use enough oil when using the tool. Since I used the Cleaning Pin, my overall well being has increased a lot, because I am currently free of symptoms!

Anyway, product works perfect!

After I had a severe infection in my rectum, I can only recommend the ProctoClean®. I had extremely strong pain during my bowel movements! This pain was comparable to having an open fire in my rectum. (Additionally, I treated my symptoms with Salofalk.)

After bowel movement, a much cleaner feeling as without ProctoClean®. Although, sometimes the cleaning process takes longer to completely clean the rectum. The ProctoClean®, (actually the actual levels), could be enlarged in order to catch more residues. Otherwise, I am completely satisfied with the Cleaning Tool.

Since 15 years I have reoccurring problems with rectal cracks, and seven years ago surgery was performed. My symptoms actually worsened after the surgery. It is wonderful to see that after only about three months of using the ProctoClean® - Cleaning Pin my symptoms have been significantly reduced. ProctoClean® is definitely something to recommend! By the way: I use a combination of sunflower and olive oil. I think that the care with the oil helped to heal my symptoms.

Around the same time I started using the Cleaning Pin, I also went to a Proctologist. The fact that I stopped using wet ones also contributed to the improvement of my rectum symptoms. The use of the Cleaning Pin gives me a feeling of cleanliness in and around my anal region and I don't have wet ones in my house anymore. After a further visit to my proctologist, he had concerns regarding the use of the Cleaning Pin. He feared that I could possibly injure the fine nerves in the anal region if I accidentally misused the

Cleaning Pin. Despite what he said, I still use the Cleaning Pin and I am free of anal itching since 4 weeks. Thank you very much.

I find that this Cleaning Pin is really a good idea. It is easy to use, but I think that if the anal canal is extremely soiled, a larger pin would be necessary. Since I have sensitive skin, I believe that cleaning with oil is better than water since water irritates quicker.

Good clean feeling after every shower.

In short: I am totally excited about the product respectively the invention of the ProctoClean®, but I believe the Cleaning Pin could also be a bit thicker. This way the impressions could possibly pick up the stool residue more efficiently. I use regular olive oil to moisten the Cleaning Pin before use. This works very well and tends well to the bowel mucosa of the anal canal! I clean the Cleaning Pin with warm water and mild soap, and this is very easy to do. I am happy, that I was able to take part in the pilot study. Thank you for this great invention! I can recommend ProctoClean® to everyone. I hope that the project goes on and wish you much luck.

The best use is with water. Oil promotes itching. I find the most effective use while squatting. Combined use with HemoClin-Gel gives a long lasting fresh feeling. Significant reduction of anal itching.

Altogether, I experienced a slight improvement of symptoms. I discovered that the Cleaning Pin discolors and I cannot get rid of this discoloring. I will keep using the Cleaning Pin, and I hope for a sustainable improvement of symptoms.

Simple to use, easy to clean, leaves you with a comfortable clean feeling; highly recommended.

I find usage not so comfortable despite oil and am doubtful regarding improvement. I'll keep using the Cleaning Pin anyway.

Easy to use and I feel extremely clean after words. I will keep using the Cleaning Pin. Thank you!

Much better feeling of cleanliness because after bowel movement and the use of the Cleaning Pin, there is much less remaining stool that reaches the after, due to my mild incontinence. As a result, the skin is less irritated and I have less symptoms. Major improvement, but I still have slight symptoms. I couldn't imagine stopping the use of the Cleaning Pin as far as cleanliness and symptom improvement goes. Thank you for sending a second Cleaning Pin (not only for home but also for my travel bag)!

After use I have a wonderful feeling of cleanliness. All of my previous symptoms are gone.

The results were very convincing, although the disadvantages listed under point 15 led to the fact that I used the Cleaning Pin more and more seldom. In particular, after hemorrhoid treatment, my stool smearing problem disappeared so that I didn't need the Cleaning Pin anymore.

Great with oil!

I am completely amazed. After just a few days, the symptoms that tortured me during the night were gone. I use the Cleaning Pin about twice a day, morning and night, with olive oil. Thank you!

Stool smearing and incontinence have improved greatly. At the same time, the itching and sore bottom as well.

The ProctoClean® is super for cleaning stool remains. I hope that the anal fistula will have no chance to return.

I started using the Cleaning Pin directly after a hemorrhoid treatment. I find the Cleaning Pin and its use to be comfortable. It is easily cleaned with olive oil and I will keep using it.

I first had to get used to cleaning with the ProctoClean® since I experienced bleeding and swelling of my hemorrhoids. Already one week later though, I felt a slight reduction of the swelling, and as a result, I was able to use the Cleaning Pin more comfortably. I tried skin oil, olive oil, and Vaseline along with the use of the Cleaning Pin. I quickly realized that I preferred olive oil for cleaning purposes and have remained with olive oil. There is currently no better idea for anal cleanliness. I don't have any more swelling; only sometimes as a result of diarrhea. I don't have any more bleeding and pressure feeling of the anus. Suggestions for improvement: potentially more elasticity of the Cleaning Pin for example, an elastic grip for overweight people or people with short arms. A box for the Cleaning Pin in case there is no water available to clean it. PS: compliments to the inventor and thank you for the experience I was able to have with ProctoClean® and for the positive future with ProctoClean®.

The ProctoClean® - Cleaning Pin is practical and easy to use. I use it when I am in the shower.

My symptoms unfortunately did not improve with the use of the Cleaning Pin. Nevertheless, I find the use of the Cleaning Pin comfortable although it took me a bit to get used to the process. You don't have to send me another Cleaning Pin.

Since I started using the ProctoClean®, I don't have any more problems with stool smearing. Generally speaking, the Cleaning Pin leaves me with an increased feeling of cleanliness and well-being.

The Cleaning Pin is perfect for my incontinence problem and is exactly what I was looking for as a solution for stool smearing. I have sensitive skin and stool remains cause itching and infection immediately. I have now solved these problems as a result of using the Cleaning Pin and cream (posterisan). Thank you for your invention! Would it be possible to make the Cleaning Pin a bit softer yet stable? For example, what about silicon (form is stable and at the same time flexible)?

I will keep using the Cleaning Pin for sure.

Super for anal cleansing and also for the use of cream/oil to treat symptoms and or pain. The Cleaning Pin is definitely recommendable.

In general, I can say: praise to the inventor! This is exactly what I was missing. At first it seems a bit cumbersome, but you really just have to get used to it.

I introduced the ProctoClean® during a class regarding hemorrhoids, but I haven't used it myself.

I used the Cleaning Pin in different ways – with oil, without oil, strongly, gently, quickly, slowly etc). I found the following usage to make the most sense: 1 hour after bowel movement I warmed up the ProctoClean® by holding it under a stream of hot water. Then I put 4-5 drops of oil on the ProctoClean® and slowly insert. If stool is soft, then I repeat the process. Then I turn the ProctoClean® clockwise and slowly pull it out (turning gently as I do this) and that's it. Thank you very much again and I am happy that I had the chance to use ProctoClean®. Thank you!

The use and cleanliness effect is very good. I do think, however, that the question remains: does comprehensive anal hygiene make sense medically or does this go against nature? A clear study is missing regarding this point.

Is the part of the Cleaning Pin too small for the anal region (longer and wider)?

I found it very comfortable to have an inner cleaning of the anus since it is hard to get the back area clean. I also recommended it to my girlfriend.

Perhaps a wider diameter of the ProctoClean® would be interesting for people with anal prolapse.

I am also content with the use of the ProctoClean®. I have a good feeling when I insert and use the ProctoClean®. The cleanliness effect is clearly noticeable.

The Cleaning Pin is perfect after eating sharp meals. After use, I have a very clean feeling.

Very good cleaning of the anal region and a safe feeling at doctor's visits.

I use the Cleaning Pin with olive oil and at first I had my concerns to use it, but with the oil it is totally easy and painless. I would wish for a fixture of some sort so that I could hang the Cleaning Pin up.

I don't know, but the Cleaning Pin seems to clean away irritating substances. Definitely feels good to use it!

An excellent cleaning method also for those of us without problems in the anal region; it supplements the cleaning of the region ideally. Many thanks and good luck!

1) The use of the Cleaning Pin feels comfortable. 2) It helps to get past the psychological barriers. 3) By paying more attention to the anal region, one is more aware of the function of the anus. 4) The anus receives just as much care as other parts of the body.

Question: with the same principle (only a size smaller) can't we also clean our ears wonderfully? (Auditory canals) the usually used Q-Tipps, the delight of the ears, nose, and throat doctors, lead to destruction of the ear canal if used improperly? I will continue to use the ProctoClean® now and then when I think of it.

Thank you for the possibility to test the Cleaning Pin. I regret that it didn't bring the results that I had hoped for.

My experience with the Cleaning Pin is that I have a sense of well-being the whole day and my symptoms have disappeared. Just a suggestion that I would happily welcome would be a Cleaning Pin also in a metal-like material, possible steal. I would also pay a higher price for such a Cleaning Pin. If this is possible, I would be happy if you would let me know.

Great usage, good prophylaxis, clean feeling.

I used ointment. Success especially by anal cracks.

Only a positive experience! Also for healthy people, the Cleaning Pin is a big step ahead regarding anal hygiene. I can't live with out it also when I am in transit. I thank you!

I will continue using the Cleaning Pin. I have a good feeling after cleaning. This invention is fantastic!

I am very satisfied. I will definitely keep using the Cleaning Pin. Better hygiene feeling.